

# GOTCHA!

*Grossly Over-exaggerated (or incorrect) “Treatments”  
or “Cures” for HIV or AIDS*

## Sources of Potentially Harmful HIV/AIDS Information\*\*

### Books

- (1) *The Cure for HIV and AIDS* by Hulda Regehr Clark, PhD, ND
- (2) *Poison by Prescription* by John Lauritsen
- (3) *The AIDS War* by John Lauritsen
- (4) *The AIDS Cult – Essays on the Gay Health Crisis* by John Lauritsen
- (5) *What If Everything You Thought You Knew About AIDS Was Wrong?* by Christine Maggiore

### Websites

- (1) HIV — <http://www.whale.to/a/hivfraud.html>
- (2) David Crowe’s *Lecture on HIV* editorial  
[http://www.redflagsweekly.com/letters/letters5.htm#Lecture\\_on\\_HIV](http://www.redflagsweekly.com/letters/letters5.htm#Lecture_on_HIV)
- (3) Dr. Stefan Lanka Exposes the “Viral Fraud” —  
<http://www.neue-medizin.com/lanka2.htm>
- (4) AIDS Quotes — <http://www.whale.to/w/quotes.html>
- (5) The Yin and Yang of HIV — <http://www.whale.to/a/turner.html>
- (6) HIV/AIDS: Science or Religion? — <http://www.whale.to/a/crowe.html>
- (7) Alive & Well — <http://aliveandwell.org/>
- (8) Everybody Reacts Positive on the ELISA Test for HIV — <http://www.whale.to/w/giraldo.html>
- (9) Worcester — <http://worcester.indymedia.org/news/2005/04/1119.php>
- (10) AIDS/HIV/AZT Controversy — <http://www.shirleys-wellness-cafe.com/aids.htm>
- (11) Harmonika Ireland and the Living Water Workshop —  
<http://www.harmonikireland.com/index.php?topic=HIV>
- (12) GAO Fraud — [http://www.tetrahedron.org/gao\\_fraud.html](http://www.tetrahedron.org/gao_fraud.html)
- (13) The Light Party — <http://www.lightparty.com/Health/Aids1.html>
- (14) Death Camp 23 — <http://www.angelfire.com/ar/dthcamp/no23.html>
- (15) VirusMyth — <http://www.virusmyth.net/aids/index.htm>
- (16) Dr. Lorraine Day — <http://www.drday.com/>
- (17) Gary Null’s Natural Living Website — <http://www.garynull.com>
- (18) New AIDS Review (Blog Site) — <http://www.newaidsreview.com>

\*\* This publication contains a collection of websites and books that have provided some misleading or potentially misleading information regarding HIV/AIDS. However, the list provided here is not comprehensive enough to contain all potentially misleading/fraudulent information resources; many more may exist. While we appreciate and respect the First Amendment right to freedom of speech for the authors of the books and websites listed, our intention is to empower people with HIV/AIDS by alerting them to products and/or information that may be detrimental to their health. Although we feel that this list will be helpful, readers should be aware that they are responsible for their own health and healthcare. The CFA encourages consultation with an HIV-treating doctor whenever ANY kind of alternative, experimental, herbal, or therapy (whether “traditional” or “nontraditional”) is being considered. Always consult with an HIV-treating doctor before altering a prescribed drug regimen or taking any drug or supplement.

## Tips on Evaluating Information\*\*

The following tips are general questions to consider when determining if information is reliable and truthful.

- (1) Does the information contain the author(s) name(s)?
- (2) Does the information contain working and accurate contact information for the author(s)?
- (3) Does the information list sources that were used to create the information?
- (4) Ask yourself the following questions,
  - “What is the intention of the information?”
  - “Are they trying to sell me something?”
  - “Are they trying to give me some general information about a subject?”
- (5) Look at the date the information was created and/or updated. Is the information updated frequently, that is within the last two years?
- (6) Can the information found on this one website/channel or in this one book/newspaper/magazine be found in other places?
- (7) Is the information or coverage fair and balanced? Does the information give the “good” and “bad” side of the topic?

## Red Flags for Information on Medical Treatment

Generally, people should not trust information that:

- (1) Is based on a single scientific study or expert
- (2) Is based on *anecdotal information* (the experiences of one or a few people)
- (3) Has no areas of uncertainty
- (4) Has no mention of potential risks
- (5) Has no positive mention of other treatments
- (6) Has no description of how treatment will impact quality of life

**The following resources provide more information on recognizing reliable and valid information on the Internet and identifying AIDS fraud. Several of these sites provide guidance for how to report suspected AIDS fraud.**

Evaluating Health Information on the Web

<http://web.mel.org/viewtopic.jsp?id=559&pathid=1249>

<http://www.lib.berkeley.edu/TeachingLib/Guides/Internet/Evaluate.html>

Health On the Net (HON) Foundation

<http://www.hon.ch/home.html>

FDA/State AIDS Health Fraud Task Forces

<http://www.fda.gov/oashi/aids/eval.html>

The Body: How to Identify AIDS Fraud

<http://www.thebody.com/pinf/fraud.html>

Texas AIDS Health Fraud Information Network

<http://healthfraud.org/tx/> or 1-800-758-5152

Reporting HIV/AIDS Fraud in North America

<http://www.hivdate.com/spam/hiv-aids-fraud.htm>

1407 Hawthorne  
Houston, Texas 77006  
713-527-8219

[info@centerforaids.org](mailto:info@centerforaids.org)  
[www.centerforaids.org](http://www.centerforaids.org)



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